



COMPETE
WITH COMPASSION
EVENTS

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An interactive session on managing people through adversity, developing a strong culture to withstand troubled times, building trust, connection and leading with compassion.

MODERATOR: TONY GRIFFIN



BIO

DESSIE FARRELL



Dessie Farrell is co-founder and CEO of Compete with Compassion, which over the past four years has been revolutionising the way companies approach human performance, leadership, team and personal development with an emphasis on establishing people-focussed cultures. He was also a founding member of the Gaelic Players Association and CEO of the organisation from 2002-16 establishing the Player Development Program as one of the foremost off-field support programs in world sport. Prior to that, Dessie worked with a number of Ireland's leading pharma companies. Earlier in his career, he worked as a health service professional having practised as a psychiatric nurse for 8 years.

He is a DCU MBA graduate and completed an executive program at Harvard Business School. He is the Chairman of Bytek IT Solutions and is also a board member of the Irish American Partnership, a non-profit organisation based in Boston supporting education and community development in Ireland.

In sport, Dessie Farrell played for the Dublin senior football team for 14 years, winning an All-Ireland medal and All-Star in 1995. He captained the team for 4 years and won 6 Leinster championships, a National League title and 3 consecutive county championships with his club, Na Fianna. He also played hockey for Ireland and captained the Dublin U21 hurling team. Post playing days, and with a great passion for coaching, Dessie has led Dublin football teams to All Ireland Championship success in 2012 (U18), 2014 & 2017 (U21) and in 2020(Senior). He is the current manager of the Dublin Senior Football Team.

www.CompeteWithCompassion.ie

BIO

TONY GRIFFIN



A former Clare hurler, best selling author and advocate, Tony Griffin co-founded the multi-award winning Soar Foundation in 2011. This pioneering emotional and mental health organisation focussing on developing teenagers resilience and character was an educational game-changer and has impacted the lives of tens of thousands of young people while shifting the paradigm in how young people's emotional health is developed and nurtured. As CEO, Tony lead the organisation from inception to generating €3million in private funding as well as assembling and leading the training of a world-class team of facilitators and creating a suite of 5 evidenced-based programs aimed at all teenagers.

Tony now brings his experience and skill as a facilitator to life through his writing and in his work as a trainer on leadership programs in Ireland through his external associate work with Compete with Compassion and internationally with Australian based Tomorrow Architects delivering on their elite client projects such as McKinsey's ELP program. His great passion is in contributing to creating the emotionally agile and self-aware leaders of tomorrow that are required today. Tony recently published "*A Teenagers Book of Life*".

www.TonyGriffin.ie